


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>16306 Spring Cypress Rd Cypress, TX 77429 (281) 690-0026</p>		<p>1</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:00 🦋 Exercise with Dana [Rooms 222-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Exercise with Dana [Rooms 201-215]</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>2</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:30 🍷 Dana's Activity Snack Cart!</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>3</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 201-215]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 217-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>4</p> <p>Happy Birthday Mary Orlando! National College Colors Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Exercise with Dana [Rooms 101-113]</p> <p>11:00 🦋 Exercise with Dana [Rooms 115-127]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 ★ Happy Hour: Time for Quarantini's!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>5</p> <p>Happy Birthday Margie! National Cheese Pizza Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 2nd Floor</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	
	<p>6</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 1st Floor</p> <p>2:00 🌿 Gardening</p> <p>2:30 🦋 Lemonade in the shade!</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>7</p> <p>Happy Birthday Penelope! Happy Labor Day! National Beer Lover's Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 115-127]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 101-113]</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>8</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:00 🦋 Exercise with Dana [Rooms 222-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Exercise with Dana [Rooms 201-215]</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>9</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:30 🍷 Dana's Activity Snack Cart!</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>10</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 201-215]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 217-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>11</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Exercise with Dana [Rooms 101-113]</p> <p>11:00 🦋 Exercise with Dana [Rooms 115-127]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 ★ Happy Hour: Time for Quarantini's!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>12</p> <p>National Day of Encouragement</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 2nd Floor</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>
	<p>13</p> <p>National Grandparents Day!</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 1st Floor</p> <p>2:00 🌿 Gardening</p> <p>2:30 🦋 Lemonade in the shade!</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>14</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 115-127]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 101-113]</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>3:00 🦋 Osteo Stretch and Strength: Exercise 1st Floor</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>15</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:00 🦋 Exercise with Dana [Rooms 222-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Exercise with Dana [Rooms 201-215]</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>16</p> <p>National Cinnamon Raisin Bread Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:30 🍷 Dana's Activity Snack Cart!</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>17</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 201-215]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 217-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>18</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Exercise with Dana [Rooms 101-113]</p> <p>11:00 🦋 Exercise with Dana [Rooms 115-127]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 ★ Happy Hour: Time for Quarantini's!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>19</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 2nd Floor</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>
	<p>20</p> <p>National Fried Rice Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 1st Floor</p> <p>2:00 🌿 Gardening</p> <p>2:30 🦋 Lemonade in the shade!</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>21</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 115-127]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 101-113]</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>3:00 🦋 Osteo Stretch and Strength: Exercise 1st Floor</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>22</p> <p>National Elephant Appreciation Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:00 🦋 Exercise with Dana [Rooms 222-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Exercise with Dana [Rooms 201-215]</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>23</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:30 🍷 Dana's Activity Snack Cart!</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>24</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 201-215]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 217-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>25</p> <p>National Lobster Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Exercise with Dana [Rooms 101-113]</p> <p>11:00 🦋 Exercise with Dana [Rooms 115-127]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 ★ Happy Hour: Time for Quarantini's!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>26</p> <p>National Johnny Appleseed Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 2nd Floor</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>
	<p>27</p> <p>National Scarf Day</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Sit and be Fit Exercise: 1st Floor</p> <p>2:00 🌿 Gardening</p> <p>2:30 🦋 Lemonade in the shade!</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>28</p> <p>Happy Birthday James Y! Happy Labor Day!</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>10:05 🦋 Hallway BINGO: [Rooms 115-127]</p> <p>11:00 🦋 Hallway BINGO: [Rooms 101-113]</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>3:00 🦋 Osteo Stretch and Strength: Exercise 1st Floor</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>29</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:00 🦋 Exercise with Dana [Rooms 222-238]</p> <p>1:00 📞 FaceTime with Families!</p> <p>1:30 🦋 Exercise with Dana [Rooms 201-215]</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>30</p> <p>Happy Birthday Sue D! Happy Labor Day!</p> <p>9:00 📅 Morning Packet: Exercises and Puzzles</p> <p>10:00 📅 Morning Motivational Walk!</p> <p>11:30 🍷 Dana's Activity Snack Cart!</p> <p>1:00 📞 FaceTime with Families!</p> <p>2:00 🌿 Gardening</p> <p>6:00 ★ Evening Stroll through the courtyard</p>	<p>📷 Be Adventurous</p> <p>📅 Be Challenged</p> <p>🗨️ Be Connected</p> <p>👨👩👧👦 Be Family</p> <p>★ Be Inspired</p> <p>🦋 Be Social</p> <p>🦋 Be Well</p>		